



A True Sense of Community

University Heights Health & Living Community is located in south Indianapolis on the same campus as Community Hospital South, an area rich with numerous doctors' offices and medical services. This location offers the perfect setting for long term care, memory support and rehabilitation, where residents can recuperate and rehabilitate in the comforts of a home-like environment.

University Heights Health & Living Community is committed to easing each resident's adjustment by recognizing individual needs and preferences. Each resident's care is individually planned by health care professionals, the resident and their family. We welcome family visits, and we always appreciate their concerns and suggestions, for we all have a common goal - the care and happiness of each resident.



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www.University-Heights.us

UH-BR-0717



Putting family first in all that we do:
Rehabilitation
Long Term Care
Memory Support

www.University-Heights.us





Rehabilitation

The goal of our short-term rehabilitation program is to help each individual reach their optimal level of functioning and return home safely.

Services and Amenities Include:

- Private suites
- Physical, speech, occupational and respiratory therapies
- Post-surgical care
- Wound care
- Pain management
- Large therapy gym
- Home transition area
- Complimentary WiFi
- Individualized care assessment and personalized care plan
- Three delicious meals served daily, along with snacks
- Ongoing advice and counsel for resident and family
- Medicare, Medicaid, and most insurances accepted



Long Term Care

When long term care is needed, our skilled nursing services provide a full spectrum of nursing and specialty services 24-hours a day – from assistance with daily activities to complex skilled nursing treatments.

Services and Amenities Include:

- 24-hour skilled nursing care
- Individualized care assessment and personalized care plan
- Three delicious meals served daily, along with snacks
- Complimentary WiFi
- Beauty salon and barber services
- Daily planned activities and programs
- Ongoing advice and counsel for resident and family
- Podiatry, dental, audiology and optometry services
- Respite care
- Medicare, Medicaid, and most insurances accepted



Memory Support

Those facing memory loss challenges are able to enjoy life more at University Heights. Individuality is celebrated with 24-hour support, encouraging a better quality of life each day.

Services and Amenities Include:

- 24-hour care provided by licensed staff members trained specifically in working with individuals with memory loss
- Individualized care assessment and personalized care plan
- Three family-style meals served daily, plus snacks
- Secured outdoor courtyard
- Daily scheduled activities
- Beauty salon and barber services
- Ongoing support services for resident and family
- Podiatry, dental, audiology and optometry services
- Medicare, Medicaid and most insurances accepted



Family-first Senior Living

Family-first is our philosophy at University Heights, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, University Heights encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer, we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones.



The CarDon family:
Kathy, Stephen, Dan and David